



Dulce Elementary School

Breakfast Menu

January
2023

This Instruction is an Equal Opportunity Provider and Employer

Monday Na'ldziji	Tuesday Maakdis	Wednesday Ich'énéadzoł	Thursday Ich'énéedzoo	Friday Ich'é
2 No School Christmas Break	3 No School Christmas Break	4 No School Christmas Break	5 Cherry Prudel Fruit	6 Bagel Sausage Cheese Sandwiches Fruit
9 Cold Cereal Graham Cracker Fruit	10 Biscuit Sausage Cheese Sandwiches Fruit	11 UBR Bars Fruit	12 Morning Roll Fruit	13 Banana Bread Fruit
16 French Toast Syrup Fruit	17 Breakfast Pizza Fruit	18 Cinnamon Bun String Cheese Fruit	19 Biscuit & Gravy Fruit	20 Mini Pancakes Fruit
23 Cold Cereal Graham Cracker Fruit	24 Morning Roll Fruit	25 Yogurt String Cheese Fruit	26 Breakfast Bowl Tortilla Fruit	27 Pancake on a Stick Fruit
30 UBR bar Fruit	31 Bagel Sausage Cheese Sandwich Fruit			

Questions / suggestions please contact:

FSD Christina Martinez
 PH: (575)759-2927 Email: CMartinez@dulceschools.com

THIS MENU IS SUBJECT TO CHANGE AT ANY TIME



Dulce Elementary School

Lunch Menu

January
2023

Lunch Serving Time
Milk offered Daily
2% Milk
Fat Free Chocolate

DES Menus follow the
USDA Child Nutrition
Program & Student
Preferences.

Monday Na'izdiji	Tuesday Maadlis	Wednesday Ich'énáadzol	Thursday Ich'énéedzoo	Friday Ich'íe
No School Christmas Break	No School Christmas Break	No School Christmas Break	BQ Chicken Veggies Baked Beans Fruit	Ham Sandwiches Chips Cookies Fruit
9	10	11	12	13
Pepperoni Pizza Salad Chips Fruit	Spaghetti Veggies Garlic Bread Fruit	Red Chili Enchiladas Cracker Beans Fruit	Com Dogs Pasta Salad Veggies Fruit	Ham Sandwiches Chips Carrots Fruit
16	17	18	19	20
Tortilla Cheeseburger Chips Veggies/Garnish Fruit	Chile Cheese Fries Lettuce/Tomato Veggies Fruit	Frito Pies Lettuce/Tomato Veggies Tortilla Fruit	Chicken Nuggets Veggies Baked Beans Fruit	Salisbury Steak Mashed Potato w/ Gravy Roll/Veggies Fruit
23	24	25	26	27
Pepperoni Pizza Pasta Salad Veggies Fruit	Chili Dogs Potato Salad Veggies Fruit	Jicani Stew Tortilla Fruit	Chicken Patty Sandwich Baked Beans Veggies Fruit	Grilled Cheese Sandwiches Chips Veggies Fruit
30	31			
Cheeseburger Chips Potato Salad Fruit	Chile Beans Corn Bread Veggies Fruit			Choice of Milk Offered Daily

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Dulce High School

Breakfast Grab & Go Menu

Happy New Year

January 2023
Kooghaneé

Monday Na'ídzííí	Tuesday Máatdis	Wednesday Ich'énaádzof	Thursday Ich'éneedzoo	Friday Ich'é
No School Christmas Break 2	No School Christmas Break 3	No School Christmas Break 4	Apple Fruits 5	Morning Rolls Fruit 6
Cold Cereal Graham Cracker Fruit 9	WG Bagel Cream Cheese Fruit 10	UBR Bar Graham Cracker Fruit 11	Biscuit, Sausage, Cheese Sandwich Fruit 12	Muffins Gogurt Fruit 13
French Toast Syryp Fruit 16	Yogurt Parfit Fruit 17	Cinnamon Bun String Cheese Fruit 18	Biscuits & Gravy Fruit 19	Breakfast Pizza Fruit 20
Cold Cereal Graham Cracker Fruit 23	Morning Roll Fruit 24	Pancake Sausage on a Stick Fruit 25	Breakfast Bowl Tortilla Fruit 26	Yogurt String Cheese Fruit 27
UBR bars Fruit 30	Bagel Sausage Cheese Sandwich Fruit 31			

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Dulce High School

Lunch Menu Happy New Year

January 2023
Kooḡhānēé

Monday Na'iziji	Tuesday Máaldis	Wednesday Ich'énáadzot	Thursday Ich'énéedzoo	Friday Ich'ré
No School Christmas Break 2	No School Christmas Break 3	No School Christmas Break 4	BBO Chicken Veggies Baked Beans Fruit 5	Ham Sandwiches Chips Veggies Fruit 6
Pepperoni Pizza Salad Chips Fruit 9	Spaghetti Veggies Garlic Bread Fruit 10	Red Chili Enchiladas Crackers Beans Fruit 11	Corn Dogs Pasta Salad Veggies Fruit 12	Ham Sandwiches Chips Carrots Fruit 13
Tortilla Cheeseburger Chips Veggies Fruit 16	Chili Cheese Fries Lettuce/Tomato Veggies Fruit 17	Frito Pies Lettuce/Tomato Veggies Tortilla Fruit 18	Chicken Nuggets Veggies Baked Beans Fruit 19	Pepperoni Pizza Veggies Chips Fruit 20
Salisbury Steak Mashed Potato w/Gravy Roll/Veggies Fruit 23	Chili Dogs Potato Salad Veggies Fruit 24	Jicaniila Stew Tortilla Fruit 25	Chicken Patty Sandwich Baked Beans Veggies Fruit 26	Grilled Cheese Sandwiches Chips Veggies Fruit 27
Cheseburger Chips Potato Salad Fruit 30	Chile Beans Corn Bread Veggies Fruit 31			

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