



Dulce Elementary Family Newsletter

February 4, 2010

George Schumpelt, Principal

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Dear Families:

Important Upcoming Dates:

2/4 Ski trip for grade 5

2/11 Jicarilla Day – No School

2/12 School in session as usual

2/15 Presidents' Day: No School

2/17 EEO Fun, Fitness Parent Night

2/18 Ski trip for grade 5

Breakfast next week:

Monday: Cereal, grilled ham, banana

Tuesday: Pancakes, sausage patty, applesauce

Wednesday: Breakfast burrito, salsa, orange juice

Thursday: Jicarilla Day

Friday: Chef's choice

Lunch next week:

Monday: Beef macaroni, hot roll, green beans, pears

Tuesday: Red chili, enchiladas, Spanish rice, green salad, applesauce

Wednesday: Pepperoni pizza, mixed vegetables, orange smiles, oatmeal cookie

Thursday: Jicarilla Day

Friday: Chef's choice

*Have you heard of the terms **ADD or ADHD?** They stand for Attention Deficit Disorder or Attention Deficit Disorder with Hyperactivity. ADD/ADHD are developmental disorders that normally arise during childhood. These disorders may be characterized by symptoms such as persistent difficulty paying attention, poor memory, hyperactivity and impulsiveness. Some children grow out of ADD/ADHD, while others may continue to struggle with these symptoms into adulthood. The symptoms of ADD/ADHD often interfere with a child's success in school. ADD/ADHD is a medical diagnosis. If you or your child's teacher notices these symptoms in your child, the next time you take your child to the doctor for a checkup, you might want to discuss these symptoms with your child's physician.*

Kindergarten: *Mrs. Gutierrez, Ms Laub, Ms Mason, and Mrs. Tafoya*

Grade 1: *Ms Cunningham, Ms Garcia, Mr. Hill, and Mrs. Snarr*

Grade 2: *Mr. Archuleta, Mr. Shields, Mrs. Valdez*

Grade 3: *Ms Corr, Mrs. Fuller & Mrs. Salazar*

Grade 4: *Ms Gray, Ms Pixley, and Mrs. Velarde*

Grade 5: *Mrs. "E"versgerd and Mrs. Rogers*