







## Dulce Elementary School Lunch Menu

MAY 2010



### "Home of the Warriors"

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 GREEN CHILE STEW TORTILLA VEGGIE STICKS W/DRSG CHILLED FRUIT	4 HAM & CHEESE SUB LETTUCE, TOMATO & PICKLES BAKED CHIPS FRESH MELON	5 HOT TURKEY SANDWICH MSH POTATO W/GRAVY GREEN BEANS ORANGE SMILES	6 BREADED CHICKEN WK CORN WW HOT ROLL CHILLED FRUIT	7 FRITO PIE LETTUCE & TOMATO TATER TOTS FRESH GRAPES
10 BEEFY MACARONI WW HOT ROLL STEAMED VEGGIES CHILLED PEARS	11 CHICKEN TACOS LETTUCE, TOMATOES & CHEESE CARROT STICKS APPLE CRISP	12 BRD CHICKEN GREEN BEANS WW HOT ROLL FRESH MELON	13 RED CHILE ENCHILDAS REFRIED BEANS TORTILLA CHILLED APPLESAUCE	14 CHILE CHEESE FRIES LETTUCE & TOMATO GREEN SALAD W/DRSG FRESH APPLE WEDGES
17 NACHO SUPREME LETTUCE & TOMATOES SALSA BROCCOLI W/DIP CHILLED FRUIT	18 SALISBURY STEAK MSH POTATO W/GRAVY GREEN BEANS FRESH GRAPES	19 GRILLED HAM & CHEESE TATER TOTS ORANGE SMILES OATMEAL COOKIE	20 TERIYAKI CHICKEN ORIENTAL VEGETABLES STEAMED RICE WATERMELON	21 BEAN & CHEESE BURRITOS GREEN SALAS W/DRSG FRESH GRAPES
24 ITALIAN SPAGHETTI WW HOT ROLL MIXED VEGETABLES CHILLED MIXED FRUIT	25 BREADED CHICKEN POTATO SALAD FRUIT SHAPE UPS	26 POSOLE TORTILLA CELERY STICKS W/DIP CHILLED FRUIT	27 CHICKEN FAJITAS LETTUCE, TOMATO CHEESE SALSA REFRIED BEANS MANDERIN ORANGES	28 <b>MANAGERS CHOICE</b>
31 <i>HAVE A SAFE AND FUN SUMMER VACATION</i>	<b>National Teacher Appreciation Week May 3 - 7, 2010</b> 	 <b>National Teacher Day May 4, 2010</b>	<b>National Physical Fitness &amp; Sports Month</b> 	 <b>SUMMIT</b> FOOD SERVICE MANAGEMENT - AN A'VIANDS COMPANY -

#### Harvest of the Month: **STRAWBERRY**

**FOOD FOR THOUGHT:** Fresh strawberries are packed with Vitamin C, helping you stay healthy by keeping your immune system strong.

#### NEWTONS NUTRITION BAR

Offered Daily and is included with your meal. Select from a variety of healthy fruits, vegetables and whole grain bread options. Students choose their sides!

**Choose "Your Sides" everyday!**

For questions and comments, please email the Food Service Director at [dulce@summitfoodservice.com](mailto:dulce@summitfoodservice.com) or call 575-759-2774